

Tour de Pologne 2022: everything you need to know about the 79th edition

With only a few days left to go before the start of the race, here are the stages and the curiosities in a nutshell.

The start of the 79th edition of the Tour de Pologne UCI World Tour is getting closer and closer. The race will start on 30th July from Kielce, with some new selective and exciting route.

The riders will have to cover over 1,220 kilometres, plus a total of 14,262 metres of altitude difference, 15 KOMs and 14 intermediate sprints as well as a special prime in Kazimierz Dolny.

Two are the stages for pure climbers, three are for the sprinters, one stage is dedicated to Classic's riders and one is the individual time trial which will be key in the competition for those aiming for the general classification.

Once again, the Tour de Pologne is not only a race, but also a wonderful postcard that the country will send to the whole world involving three regions and an evocative mix of locations to which the event is particularly attached to. This year's edition sees the return of Lublin and Chełm, which already played a leading role in the 2021 season with Phil Bauhaus' victory who is ready to put on a show on Polish roads yet again this year. Also making a welcome return is Przemyśl, which saw João Almeida triumph last year, later confirmed as the winner of the 2021 edition.

As in past editions, Krakow - considered the capital of Polish culture - will once again provide the backdrop for the grand finale of the race with its ancient and royal atmosphere.

'Race for Peace' is the motto of the Tour de Pologne 2022. A form of support for the Ukrainian people, so close to the border, as well as a way of conveying the value of brotherhood and peace.

As per tradition, the most popular race in Poland will be accompanied by two other sporting events organised by the Lang Team. The Tour de Pologne Junior will start at the same time as the professional race, while one day later, on 31st July, the ORLEN TOUR DE POLOGNE AMATORÓW will take place in Arłamów.

"We are very close to the start of this new edition, we are looking forward to it" says Agata Lang. "As usual, there are many events happening simultaneously that will involve different categories: professionals, children and amateurs. The number of participants confirms that cycling is for everyone. Children are certainly the future and through the Junior Tour de Pologne we want to

offer them the chance to test themselves while having fun. The amateurs, on the other hand, remind us that cycling is also fun, and the professionals, well they have shown us their affection over the years and are one of the reasons why improving all aspects of the race, year after year, is crucial for us.”